YSGOL ARAN HALL SCHOOL
part of the SENAD Group

Job Description – Therapist

Location: **Ysgol Aran Hall School, Rhydymain, Dolgellau. LL40 2AR**

Responsible To: Head of Wellbeing / Principal

Qualifications: Diploma in Therapeutic Counselling

Purposes and Objective of Work

To provide term-time weekly therapy sessions to young people aged 11 to 21 whom have a learning disability, may be diagnosed with autism and display challenging behaviour including Sexual Harmful Behaviour (SHB)

To promote the school among other professionals and agencies, parents and carers.

Duties and Responsibilities

- To provide therapy to young people using one-to-one-person centred therapy whilst incorporating a variety of methods and approaches suitable for and tailored to the young people;
- To ensure young people can discuss their thoughts, feelings and explore their needs in a supportive and person-centred environment;
- To work in accordance with the Standards and Ethics of the BACP (British Association for Counselling and Psychotherapy);
- To keep adequate notes, to establish and keep an organised filing system.
- To write and present reports for the Statutory Reviews of the young people, as required, whilst maintaining confidentiality in accordance with the BACP Code of Ethics;
- To liaise with colleagues within the establishment, as appropriate, to achieve maximum benefit to young people;
- To liaise with management and staff in an appropriate and productive way, emphasising confidentiality;
- To bring to the attention of management any matters of concern about any area of activity within the school.
- To always promote safeguarding and the wellbeing of young people.
- Work closely with multidisciplinary teams, including community and primary community mental health teams, social workers, and educators, to ensure a holistic approach to care and support.
- Communicate effectively with service members, families, and other stakeholders to ensure a shared understanding of support goals and outcomes.

Continuous Professional Development:

- Participate in ongoing training and development opportunities to stay informed about best practices in mental health and other relevant support.
- Reflect on practice and seek supervision to maintain high personal and professional standards, and standards of care and support.
- Attain and retaining accreditation with appropriate governing body (BACP);
- Participate in regular clinical supervision as required;
- Any other reasonable duties relevant to the post

Review Arrangements

The details given above reflect the duties and outcomes expected of this post at the time of appointment. It should be remembered, however, that over a period of time, or as circumstances change these details may change or be required to change. Consequently, the Registered Manager, Principal and/or Head of Wellbeing will expect to revise this Job Description from time to time and will consult with the post holder at that time.

You as an employee are required by The Health & Safety at Work Act 1974 to:

- Take reasonable care for the health & safety of yourself and others who may be affected by what you do or don't do.
- Co-operate with the Company to ensure compliance with the law.

Under the Management of the Health & Safety at Work Act 1999 you as an employee are required to:

- Inform your employer of any work situation which you consider represents a serious and imminent danger and any shortcoming in the employer's protection arrangements for your health & safety.

- Ensure you do not misuse or interfere with equipment provided for your safety of the safety of others.

The content and reporting lines will be reviewed regularly and will change over time.