

Personal Profile

Position: Cook

Characteristic	Essential	Preferred	Evidence
Physical Attributes	▪ Smart appearance ▪ Good first impression ▪ Positive body language	▪ Good attendance record ▪ Projects a credible image	▪ Application form ▪ At interview ▪ First impression ▪ References
Mental Attributes	▪ Mentally agile ▪ Mature outlook ▪ Handle high pressure ▪ Versatile ▪ 'Starter' & 'finisher' ▪ Quality focussed ▪ Attention to detail ▪ Committed	▪ Structured ▪ Organised	▪ At interview ▪ Psychometric testing ▪ Role play ▪ References
Education & Qualifications	• ▪ Numerate ▪ Literate ▪ Trade Qualification ▪ Hygiene Qualification	▪ Vocational qualifications ▪ RIPHH or equivalent	▪ Qualifications ▪ Testing ▪ Track record ▪ References
Experience, Training & Skills	▪ Listening skills ▪ Communication skills ▪ Commercially aware	▪ Good time management	▪ At interview ▪ Qualifications ▪ References
Personality	▪ Embraces change ▪ Positive ▪ Can do attitude ▪ Self motivated ▪ Reliable & dependable ▪ Customer focussed ▪ People person ▪ Motivator ▪ Team player	▪ Discreet ▪ Enthusiastic	▪ At Interview ▪ References
Social Circumstances	▪ Recognises good service ▪ Enjoys work		▪ At Interview ▪ Qualifications