



PARK HOUSE

part of the SENAD Group

Achieving greater independence – Duncan’s Story

Duncan is one of seven proud new residents of Park House, a new community based residential home in Herefordshire for young adults with moderate to severe learning disabilities and associated challenging behaviour.

Before making the transition to the more independent living environment at Park House, Duncan lived at Winslow Court for 12 months, another of the SENAD Group homes.

Support and Intervention

At Winslow Court expert staff helped Duncan to manage the behaviours that were acting as a barrier to him living in and accessing the local community. These behaviours included running at speed without warning, damaging furniture and becoming extremely anxious at mealtimes and when passing fast food retail outlets.

Staff worked with Duncan to understand the reasons for this behaviour. Together with Duncan they developed ways to break the cycle and found alternative channels for him to express his frustrations.

Duncan loves to go shopping and to go on walks. Staff work carefully to prepare him for these trips, asking where he would like to go. A simple reward scheme has enabled him to overcome his difficulties in passing food outlets. He now also walks at a safe pace so enjoys outings safely.

Through intensive speech & language therapy Duncan can now communicate well and uses a ‘Go Talk’ digital speech box, signing and PECS. He is also able to listen to and act on instructions. This has significantly improved his quality of life.

Due to this fantastic progress he has been able to move on to Park House.

Duncan plans to live at Park House for the foreseeable future, and continue to develop his independence skills to access the wider community, allowing him to lead a fulfilling life.

Duncan’s story is an excellent example of why providers like the SENAD Group should continue to develop housing solutions that support adults with very complex needs, enabling them to achieve their greatest level of independence, without compromising their safety and day to day support needs.